



three little birds cafe

# MENU

## ALL DAY BREAKFAST

EGGS ON TOAST, YOUR WAY! \$9.50

Choose eggs & your favourite type of toast:

Poached	Hope Farm
Scrambled	Org. Casalunga Sourdough
Fried	Gluten Free Sourdough
63 <sup>rd</sup> Eggs (\$1.50extra)	Brasserie
Duck egg (\$1.50extra)	Multigrain Sourdough
	Org. Sourdough

Add a little extra, for a little extra:

<b>\$5.00EACH</b>	<b>\$4.00EACH</b>	<b>\$3.50EACH</b>
Bacon	Baked Beans	Wilted Spinach
Smoked Salmon	Hash Browns	Tomato Relish
Sausage	Roast Tomato	Hollandaise
Pork Belly	Extra Egg	Chilli
Potato Rosti	Truffled Mushrooms	
Crushed Avocado		

### KIDS MUNCHIES

Fruit Salad fresh & seasonal fruit mix

\$6.50

Kids Toasty w/ ham, cheese & tomato

\$6.50

Mini Breaky one egg on toast

\$6.50

Chicken Meal chicken tenderloins & chips

\$8.50

### BREAKFAST

**Toast** choose your toast w/ choice of Local raw honey, cultured butter, strawberry jam, marmalade, vegemite, Nutella (v,gf\*)

\$7.50

**Fruit Toast** served w/ cinnamon butter (v)

\$9.00

**Banana Bread** espresso mascarpone, maple syrup (v)

\$9.00

**Breaky Toastie** egg, bacon, swiss cheese, fresh tomato & house relish (gf\*)

\$12.50

**Croque Monsieur** gruyere cheese, braised ham hock, french mustard & organic sourdough (gf\*)

\$13.50

**Croque Madame** + Add an Egg

\$15.50

**Almond Milk Chia Pudding** saffron poached pears, coconut yogurt, sesame shards (v,ve,gf)

\$14.00

**Muesli** elderflower labne, raw honey, passionfruit curd, apple & banana (v)

\$14.00

**Crème Brûlée French toast**, boolara berry compote, grilled banana, mascarpone (v)

\$16.50

**Jumbo Fruit Crepe** seasonal fruit, strawberry & lemon gelato & maple syrup (v)

\$16.50

**Breaky Board** fried egg, muesli, sourdough, crushed avocado & juice (v)

\$16.50

**Eggs Benedict** poached eggs, braised ham hock, spinach, hollandaise served on a muffin (gf\*)

\$18.50

**Eggs Atlantic** poached eggs, smoked salmon, spinach, hollandaise served on a muffin (gf\*)

\$18.50

**Veggie Glory** your style of eggs, baked beans, avocado, tomato, mushrooms, caramelised onion, spinach, potato rosti & Sourdough (v, ve\*)

\$22.00

**Morning Glory** your style of eggs, smoked bacon, sausage, pork belly, mushrooms, caramelised onion, roast tomato, relish & Sourdough

\$24.00

### BRUNCH

**Pork & Eggs** 18hr pork belly, confit shallots, hickory smoked maple labne, apple, seedy eggs (gf)

\$18.50

**Soft Taco**, chipotle red beans, sweetcorn, tomato & avocado salsa (v)

Add chorizo or egg +\$4.50

\$16.50

**Breaky Burger**

bacon, eggs, sausage pattie, local cheddar, grain mustard & maple mayo on a brioche bun, with potato rosti & relish

\$19.50

**Avocado Smash #1**

grilled fetta, avocado, mushrooms & pesto served on Sourdough (v,ve\*)

Add egg, salmon \$4.50

\$17.50

**Avocado Smash #2**

avocado, heirloom tomato, dukkah rolled goats cheese, coriander, served on Sourdough (v, ve\*)

Add egg, salmon \$4.50

\$18.50

### SALADS

**Ancient Grains Salad**

red & white quinoa, freekeh sumac, mint, raisins, toasted almonds, broccolini, puffed amaranth, orange blossom dressing (v,ve)

Add egg, salmon or chicken +\$4.50

\$18.50

**Bird's Caesar**

torn cos, smoked bacon, sourdough croutons, 63<sup>rd</sup> egg, local parmesan

Add Chicken or Pork +\$4.50

\$18.50

**Thai Beef Salad**

thai herbs, crushed cashews, wombok, green papaya, crispy shallots & our nahm jim (gf)

\$22.50

**Squid Salad**

polenta dusted squid, spanish chorizo, rocket & blood orange salad, preserved lemon emulsion

\$22.50

**18hr Pork Belly** soft shell crab, nahm jim, baby corn & petite herb salad

\$23.50

62 Hotham Street Traralgon VIC 3844

Call us on 03 5176 4333

Open 7 days a week, 7am - 5pm

### LUNCH

**Tomato Bruschetta** fresh tomato, basil leaves, olive tapenade & goats cheese, e.v.o oil (v,gf\*)

\$15.50

**Deluxe Burger** homemade ground beef pattie, california cheddar, mac sauce, cos & chips

\$22.50

**Soft Shell Crab Burger** sriracha mayo, thai slaw and side of chilli fries

\$22.50

**Steak Sandwich** scotch fillet, smoked bacon, fried egg, cheddar cheese, tomato, caramelised onion, relish on Sourdough (gf\*)

\$24.50

**Chicken Risotto** pumpkin, spring onion w/ local goats cheese, pinenuts, pesto (gf)

\$22.00

**Braised Beef & Sugo Risotto** with tuscan kale & local parmesan (gf)

\$22.00

**Salmon & Corn Fritters** crushed avocado, horse-raddish, pickled beet & local greens

\$22.00

**Orecchiette Pasta** heirloom tomatoes, pinenuts, preserved lemon & marscapone (v)

\$22.00

**Real Chips** served w/ aioli & tomato sauce

\$7.00

### BAGUETTES

**Pork banh mi** (vietnamese roll)

Vietnamese herbs, coriander, crispy pork belly, sriracha kewpie

\$16.50

**Beef Baguette**

pulled beef brisket, house salad, tomato chilli relish, swiss

\$16.50

**Chicken Baguette**

poached Chicken, house salad, avocado & local camembert

\$16.50

**Veggie Baguette**

house salad, roasted pumpkin, zucchini, capsicum & mushroom with local goats cheese (v)

\$16.50